



Richard Kang MS, MD

SPORTS MEDICINE

“ I am dedicated to alleviating pain and restoring patients’ quality of life. ”

Dr. Richard Kang is a board certified orthopedic surgeon, fellowship trained in Sports Medicine and Shoulder Surgery. He performs arthroscopic and other minimally invasive procedures of the hip, shoulder, knee, and elbow. “My objective is to delay or prevent the onset of arthritis and the need for a joint replacement, I do this by utilizing modern techniques to preserve the natural joint”.

He received his undergrad degree at Northwestern University, then completed a combined MD/MS program at Rush Medical College and the Graduate College of Rush University. Dr. Kang then went on to an orthopedic surgery residency at Rush University Medical Center and completed his fellowship training at the Hospital for Special Surgery in New York.

Prior to joining IBJI, Dr. Kang was an Attending Surgeon and served as the Director of Hip Preservation and Arthroscopy at the University of Chicago Hospital. He has published extensively, including peer-reviewed manuscripts, book chapters, and surgical technique videos. As well, Dr. Kang has taught surgical techniques at the Orthopaedic Learning Center where he provided training to surgeons from around the world.

He is certified by the American Board of Orthopaedic Surgery and is a Board Certified Subspecialist in Orthopaedic Sports Medicine. As well, Dr. Kang is an active member of several orthopedic surgery societies including the American Academy of Orthopaedic Surgeons, American Orthopaedic Society for Sports Medicine, and the Arthroscopy Association of North America. Additionally, over the course of his career, Dr. Kang has served as a team physician for high school, college and professional sports teams, and currently he is an affiliate team physician for the New York Mets.



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EDUCATION AND TRAINING

Hospital Affiliations • Advocate Good Shepherd Hospital, Barrington IL

Education • BS, Chemical Engineering, Northwestern University, Evanston, IL, 2000
• MS, Anatomy and Cell Biology, Rush University Graduate College, Chicago, IL, 2006
• MD, Doctor of Medicine, Rush University Medical College, Chicago, IL, 2007
• Residency, Orthopaedic Surgery, Rush University Medical Center, Chicago, IL, 2012
• Fellowship, Orthopaedic Sports Medicine and Shoulder Surgery, Hospital for Special Surgery, New York , NY, 2013

Board Certification • American Board of Orthopaedic Surgery
• Subspecialty in Orthopaedic Sports Medicine

Main Specialties • Sports Medicine
• Hip Preservation
• Arthroscopic Surgery
• Cartilage Restoration and Repair

Conditions Treated

• Athletic Hip Injuries	• ACL/MCL Tears
• Hip Labral Tears	• Knee Ligament Tears
• Femoroacetabular Impingement	• Meniscus Tears
• Hamstring Tears	• Patellar Instability
• Shoulder Injuries	• Elbow Injuries
• Rotator Cuff Tears	• Elbow Epicondylitis (Tennis/ Golfer's Elbow)
• Shoulder Labral Tears	• Distal Biceps Tendon Ruptures
• Shoulder Arthritis	• Cartilage Injuries
• Biceps Tendon Injuries	• Pediatric Sports Injuries
• Knee Injuries	

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